

# St. Mary's Chapel

ST. MARY'S CATHOLIC



CAMPUS MINISTRY

*At Stephen F. Austin State University*

211 E. College Street, Nacogdoches, Texas-75965

Office Phone : 936-564-0661

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[stmarysecm@gmail.com](mailto:stmarysecm@gmail.com)

*Most Reverend Joseph E. Strickland, Bishop of the Diocese of Tyler, Texas*

## Welcome y'all!

## Sunday, February 14, 2016

*First Sunday in Lent*

### ST. MARY'S CATHOLIC CAMPUS MINISTRY STAFF

<b>Chaplain:</b>	Fr. Denzil Vithanage—903-578-2277
<b>Deacon</b>	Dcn. David Darby —936-560-3249
<b>Program Director:</b>	Jodi Phillips —402-650-4234
<b>Development Director:</b>	Michael Molina —936-414-8205
<b>Pastoral Assistant:</b>	Kim Briggs —936-564-0661
<b>Spiritual Direction</b>	Aloma Marquis —936-414-2405

### CATHOLIC STUDENT ORGANIZATION HEADS

<b>Kappa President:</b>	Sara Bushland —612-636-9985
<b>Grand Knight:</b>	Austin Thurman —972-765-8335
<b>Dancers of the Son</b>	Sam Schroll —979-665-8678
<b>Awakening</b>	Andrew Smith —281-901-2442
	Caitlin Newman —281-475-0422

### Upcoming Events

February	14	Social Justice: Oak Manor Nursing Home—2pm Evening Prayer—5:30 Confirmation Class—8pm
	15	Social Justice: Advocacy for Life Theology of the Body Study —7 pm
	16	Divine Mercy Chaplet—5:45p RCIA—7pm
	17	Adoration—9-5pm. Social Justice in the life of the Church—7pm Power Hour—11pm
	18	Social Justice: Voter Registration DotS Rehearsal—3:30pm DotS Rehearsal—5:45pm KoC wkly mtg—8pm
	19	Stations of the Cross—4 pm Night of Recollection: Corporal Works of Mercy-7pm
	20	Alliance of the Two Hearts Prayer Meeting-7:30am
	27-28	Women's Retreat
March	5	Men's hike

### Mass Times

<b>Sunday</b>	11:00 AM, 1:00 & 6:00 PM
<b>Tuesday— Friday</b>	5:05 PM
<b>Saturday</b>	9:00 AM

*During summer & other SFASU breaks, such as Thanksgiving weekend,  
1 pm Mass is dropped.*

*On Holy Days of Obligation & Ash Wednesday, Mass is at 12:05 & 5:05 pm*

### Confession

<b>Tuesday, Thursday, Friday:</b>	4:00—4:55pm
<b>Wednesday:</b>	3:30—4:45pm
<b>Sunday:</b>	10:00—10:45 5:00—5:50 & by appointment

*(Sacred Heart has confession @ 4:15 Saturday if you can't make one of these times)*

### Adoration of the Blessed Sacrament

<b>Daily from</b>	— 4:00 pm
<b>Every Wednesday</b>	—9 am—5 pm
<b>With Benediction</b>	@ 4:50 followed by Mass
<b>Monday &amp; Friday</b>	—9 am—10 am

*If your schedule doesn't permit you  
to sign up for a hour or half hour,  
then just stop in anytime to visit Jesus  
and say "I love you...."*

**The chapel is open 24/7 (side door).**

*We are a Catholic Campus Ministry at Stephen F. Austin State University  
dedicated to bringing Christ to the lives of the whole campus community.*

*With our eyes on Him, we strive to pursue our faith, friendships, & vocations  
as students with a holy guidance. We're not perfect (far from it), but we  
would like to try to get there as a family.*

## Mass Schedule & Intentions

Sunday, February 14	11:00pm	St. Mary's Benefactors
	1:00pm	Ray DeLara healing
	6:00 pm	Missa Pro Populo- <i>For the People</i>
Tuesday, February 16	5:05 pm	Walter Ledet †
Wednesday, Feb 17	5:05 pm	Pope Francis
Thursday, Feb 18	noon	Rene Watt †
Friday, Feb 19	5:05 pm	Most abandoned Holy Souls
Saturday, Feb 20	9:00 am	Rene Watt †
Sunday, February 21	11:00pm	St. Mary's Benefactors
	1:00pm	Ray DeLara healing
	6:00 pm	Missa Pro Populo- <i>For the People</i>

## 5TH SUNDAY IN ORDINARY TIME — *Saints & Readings*

### **Sunday, February 14— First Sunday in Lent**

Deuteronomy 26:4-10; Psalm 91:1-2, 10-11, 12-13, 14-15;  
Romans 10:8-13; Luke 4:1-13

### **Monday, February 15—**

Leviticus 19:1-2, 11-18; Psalm 19:8, 9, 10, 15; Matthew 25:31-46

### **Tuesday, February 16—**

Isaiah 55:10-11; Psalm 34:4-5, 6-7, 16-17, 18-19; Matthew 6:7-15

### **Wednesday, February 17—**

Jonah 3:1-10; Psalm 51:3-4, 12-13, 18-19; Luke 11:29-32

### **Thursday, February 18—**

Esther C:12, 14-16, 23-25; Psalm 138:1-2, 2-3, 7-8; Matthew 5:20-26

### **Friday, February 19—**

Ezekiel 18:21-28; Psalm 130:1-2, 3-4, 5-7, 7-8; Matthew 5:20-26

### **Saturday, February 20—**

Deuteronomy 26:16-19; Psalm 119:1-2, 4-5, 7-8; Matthew 5:43-48

### **Sunday, February 21— Second Sunday in Lent**

Genesis 15:5-12, 17-18; Psalm 27:1, 7-8, 8-9, 13-14;  
Philippians 3:17—4:1; Luke Lk 9:28-36

## **Chaplain's Desk → The Essentials of Lent**

To become like Christ, we must spend each day doing the following three things: Prayer, Sacrifice & Good Works

Lent starts with a realization of the fact that we are sinners! That is sometimes hard to recognize in our culture, because we "are" our culture and we are so close to the world that everything seems "alright." We are so much a part of our culture that we don't see where our culture is opposed to God and His holy way. That is normal! We don't notice putting on a little weight until we step on a scale. We can be surprised how fast we were really going, when pulled over by the police. We need to check our lifestyle & our actions against the teaching of the Church & the Bible.

Sometimes upon looking into to it, we can find that actions that we do as "normal" for the world, but not part of what God expects of his followers. Sin is doing these things and disregarding God's way.

Our Journey to God, always, but especially during Lent, must start with a confession of our sins. Only after the confession of our faults can we be in a position to move beyond that point. You may say "I didn't understand those things were really wrong," but now that you do see the gap between "what you do and what you are expected to do," you need to change those actions. We will never begin to move on, until we see that actions can separate us from the Lord's way.

Lent is a movement of heart. It is to a conversion—to change. It must be real; it must be sincere; it must be a decision. Change can't happen by itself, it can't happen, if we don't decide to make it happen. Otherwise, it will only be good intentions.

What really holds us to the sinfulness that we cling on to—that which we can't rid ourselves of? Until we get to the root of the problem of "why we have not changed," we will never change. Remember the rich man who asked Jesus "what must I do to follow you?" Jesus says, "Follow the law." He says, "I do that, is there anything more?" Jesus says, "take all that you have and give it away and follow me." We don't hear the end of the story; we are just told that the man went away. How much did he want to follow Jesus? Enough to give away the things he relied on—or was that too much? We can begin our journey from who we are, to who we want to be, only when we change our heart. "Change your heart" and your actions will follow. If we are so entrenched in the sins of the world that we can't see what those sins are, and we are willing to look, we need to check our actions against the scale of God's Commandments.

Lent is a journey to renew ourselves and re-pledge our commitment to the Lord through our Baptismal Promises. Lent can't be a time like other times. It must be a time of reflection—a time of looking at ourselves and comparing ourselves to what Christ calls us to be. It is time to look carefully at ourselves to see what needs changing in our lives that will help us be more like what Jesus wants us to be. The things we give up during Lent are those things that mold us in an image different from Christ's Image. This is not easy.

Old habits die hard, and if we really pick the things that are hard, Lent will be a struggle. It is not a struggle we do alone, but we do it with the support of the Lord's presence in our lives and the support of the Catholic Community.

The Disciplines of Lent — like Fasting and Abstinence, lead us to a simpler life. Even our culture tells us that the rich and fancy foods were not intended to be eaten every day. Fasting and Abstaining from foods makes us desire other things to fill us. Jesus' way of life will satisfy us when we are hungry. We feel better when we are not stuffed and full. Remember after the Thanksgiving meal how we don't want to do anything except rest. Fasting helps us gain energy — energy that will allow us to do good works.

Spiritual Reading is an important way to have new input and ideas come into our lives. Most of us are so busy in our lives, that we spend most of our time reacting to the things that come our way. If we don't read scripture or some spiritual book, we will just have the same old ideas and nothing will challenge us to see things differently. We will just be the same old person who never gets a new religious idea. If you read the gospels, then Jesus will challenge you. Don't try to read the bible all in one chunk. It is like a gourmet meal; you need to taste a little and savor it. The Gospel of Saint Luke is the gospel that is focused on this liturgical year. Read a section—a couple paragraphs— and then ask yourself what is the message for your life. Even though the scriptures were written at a different age, the message of Jesus is universal—for all ages. Jesus is not going to give you answers. He is going to raise questions and that is the point. You are the only one besides God that knows how you are doing—you need to check on yourself every now or then.

Please join us each day this week as we engage students and community members in the Church's efforts of Social Justice with service events, advocacy, and education!

**February 14:** Volunteer at Oak Manor Nursing Home from 2-5pm, and watch a performance by Dancers of the Son (Please contact Brittany Betik at 281-203-7316 if you are interested in joining us!)

**February 15:** Advocate for Life outside the BPSC from 10am-12pm

**February 16:** Join us at our regularly scheduled RCIA session from 7-9pm for a Presentation on Catholic Social Teaching

**February 17:** Come to the Circle after the 5:05 Mass for dinner and an opportunity to write letters to Veterans

**February 18:** Come to a presentation on our Civic Responsibilities sponsored by the Knights of Columbus at 7pm

**February 19:** Take a moment for prayer during our night of Recollection at 7pm in the Chapel

**ALL WEEK:** Bring items to be donated to Heartbeat Pregnancy Center

(drive sponsored by Kappa Upsilon Sigma)

*\*\*All events take place in Ganter Hall*

*unless otherwise noted*

## Our Sunday Offering

*St. Mary's Chapel & the Campus Ministry* mainly depends upon the generous support of all who join with us in the celebration of the Lord's presence in the Eucharist, which really means "thanksgiving." What we offer to God through our donations is also a sign of our thanksgiving to God for his generosity. Without your help and support, our Chapel and Campus Ministry cannot function. Please be generous as God is generous to you in many ways. "God loves a cheerful giver."

St. Mary's is not a traditional parish. We must rely on financial support from persons who understand the very important role of campus ministry in the nurture of Catholic youth. We are a dynamic growing ministry and need your support. Consider a 1 to 4 year financial commitment through our Living Faith Society. Call the office at 936-564-0661, talk to our staff— Fr. Denzil, Michael, Jodi, or Kim or go to our website at [sfacatholic.net](http://sfacatholic.net).

*Thank you for your generous support!*  
**Stewardship - A Way of Life**

Sunday Collection (2/7) \$ 2529

Building Fund \$ 361

**Thank You!**

## Announcements

- ⇒ During **Lent, we focus on Fasting, Prayer, and Almsgiving**. As St. Mary's, we particularly want to help you grow in the latter two areas. Join us Sundays from 9:45-10:45 and 4:45-5:45 for Exposition of the Blessed Sacrament. Then, during the week of February 14-20 clear your schedule as we celebrate Social Justice Week! We will have volunteer opportunities, chances to Advocate on Campus, and education on what Social Justice means.
- ⇒ Stop by the office and get your **parking tag**.
- ⇒ **RCIA** on February 16 - *Catholic Social Teaching: Transforming Human Society*
- ⇒ The Knights of Columbus are coordinating with the Lumberjacks for Life to bring the **Hike for Life** to East Texas. It's a 5K that raises funds for heartbeat as well as the pregnant/parenting scholarship fund. The hike is tentatively scheduled for Saturday April 16th.
- ⇒ Join us for our next **Catholic Movie night** on Friday, February 26th at 8pm!
- ⇒ Women of St. Mary's are invited to our 3rd annual **Women's retreat!** This year, the theme is based on the Spirituality of St. Teresa of Avila, and it will be from February 27th-28th. The fee has been kept low at \$15! Space is limited to 30 women, so register soon at <http://sfacatholic.net/womens-retreat>.

# SOCIAL JUSTICE WEEK

LIFE AND DIGNITY OF THE HUMAN PERSON - CALL TO FAMILY, COMMUNITY, AND PARTICIPATION - RIGHTS AND RESPONSIBILITIES  
OPTION FOR THE POOR AND VULNERABLE - THE DIGNITY OF WORK AND THE RIGHTS OF WORKERS - SOLIDARITY - CARE FOR GOD'S CREATION

# FEBRUARY 14-20, 2016

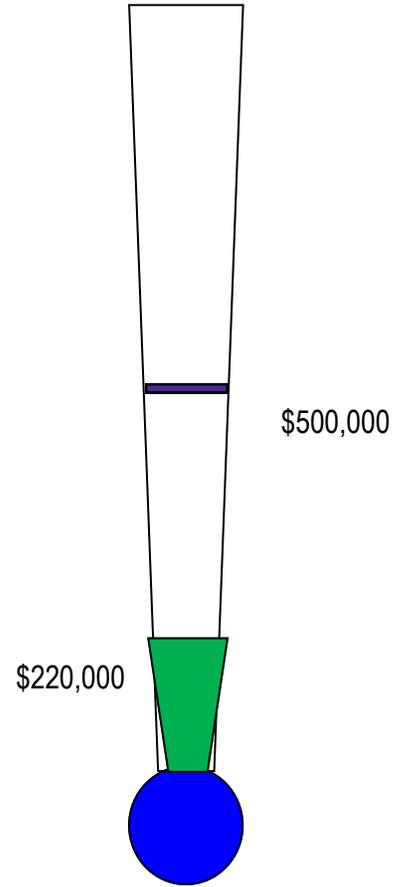


We now begin the Kick-off for our future Student Center. Please join us in praying the Memorare for this endeavor.

### MEMORARE

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother;  
to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.  
Amen.

*Our Goal*  
**\$1,000,000**



**GOD BLESS  
ALL  
CATHOLIC JACKS!**  
Hebert Health Care, Inc.

**Pray for  
our seminarians!  
"Nick and Nick"**  
-The Bolinger Family

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*Blessing to all who serve  
on the altar of the Lord  
at St. Mary's.*  
-Betty Ledet



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